

NEWSLETTER

16 NOVEMBER 2022
TERM 4, WEEK 5
ISSUE 35

ST MARY'S MEMORIAL SCHOOL

FROM THE PRINCIPAL

We acknowledge and pay our respects to the Kaurna people, the traditional custodians whose ancestral lands we gather on. We acknowledge the deep feelings of attachment and relationship of the Kaurna people to country and we respect and value their past, present and ongoing connection to the land and cultural beliefs.

Dear Members of our St Mary's Memorial School Community,

Anxiety makes school hard for children. It might also be hard to notice! Anxiety can be confused with upset stomachs, acting out, ADHD or even learning disordersand there are different kinds of anxiety that might come up at school. Children may worry about everything from separating from parents at drop-off to speaking up in class to feeling like their work has to be perfect.

It's often easy for a teacher to think a child has some ADHD traits when they're restless or aren't able to focus on the lesson. But it could be anxiety. Some children don't want to go to school especially after a long illness or school holiday break. This can also be anxiety. Throwing tantrums in the classroom or asking the same questions over and over are other ways anxiety can show up at school.

Some children really want to participate, but when they're called on they just freeze up. Other children want their work to be so perfect that they don't end up turning in their school or homework at all. Again, it may not be surprising to think those children don't care or have a learning disorder. To make things more confusing, children with learning disorders may also have a lot of anxiety before they are diagnosed if they are falling behind at school!

Anxiety can also take the form of physical problems. Children with anxiety get headaches and stomach aches a lot. Sometimes when they get really anxious, they have trouble breathing or feel their heart racing. Anxious children end up in the school sickroom a lot!

Sometimes anxiety is easy to identify like when a child is feeling nervous before a test at school. Other times anxiety in the classroom can look like something else entirelyan upset stomach, disruptive or angry behaviour, ADHD traits, or even a learning disorder.

There are many different kinds of anxiety, which is one of the reasons it can be hard to detect in the classroom. What they all have in common, is that anxiety 'tends to lock up the brain', making school hard for anxious children.

Children can struggle with

- Separation anxiety ...when children are worried about being separated from their parents/caregivers. These children can have a hard time at school drop-offs and throughout the day.
- Social anxietywhen children are excessively self-conscious, making it difficult for them to participate in class and socialize with peers.
- Selective mutismwhen children have a hard time speaking in some settings, like at school around the teacher.
- Generalized anxietywhen children worry about a wide variety of everyday things. Children with generalized anxiety often worry particularly about school performance and can struggle with perfectionism....we often say they have a fixed mindset!
- Obsessive-compulsive disorder ...when children's minds are filled with unwanted and stressful thoughts. Children with OCD try to alleviate their anxiety by performing compulsive rituals like counting or washing their hands.
- Specific phobiaswhen children have an excessive and irrational fear of particular things, like being afraid of animals or storms.

When a child is squirming in his/her seat and not paying attention, we tend to think of ADHD, but anxiety could also be the cause. When children are anxious in the classroom, they might have a hard time focusing on the lesson and ignoring the worried thoughts overtaking their brains. Some children might appear really 'on' at one point but then they can suddenly drift away, depending on what they're feeling anxious aboutit looks like inattention, and it is, but it's triggered by anxiety!

Anxiety in a child may look like truancy; but for children for whom school is a big source of anxiety, refusing to go to school is also pretty common. School refusal rates tend to be higher after school holidays or sick days, because some children have a harder time coming back after a few days away.

Going to school can also be a problem for children who have trouble separating from their parents. Some amount of separation anxiety is normal, but when children don't adjust to separation over time and their anxiety makes going to school difficult or even impossible, it becomes a real problem. Children with separation anxiety may also feel compelled to use their phones throughout the day to check in with their parents.

'Acting out' is another thing we might not associate with anxiety; but when a student is compulsively kicking the chair of the child in front of him/her, or throws a tantrum whenever the schedule/timetable is ignored or a classmate isn't following the rules, anxiety may well be the cause. Similarly, children who are feeling anxious might ask a lot of questions, including repetitive ones, because they are feeling worried and need reassurance.

Anxiety can also make some children aggressive. When children are feeling upset or threatened and don't know how to handle their feelings, their fight or flight response to protect themselves can kick inand some children are more likely to fight! They might attack another child or even a teacher, throw things, or push over a desk because they're feeling out of control.

Sometimes children will do perfectly well on tests and homework, but when they're asked/called on in class, they are unable to respond at the level in which we know they are more than capable....sometimes children get so anxious that they freeze. They have been paying attention to the lesson and they even know the answer, but when they're called on their anxiety level becomes so heightened that they can't respond.

Anxiety can manifest in physical complaints, too. If a student is having unexplained headaches, nausea, stomach-aches, or even vomiting, those could be symptoms of anxiety. So can a racing heart, sweaty palms, tense muscles, and being out of breath.

When a child starts doubting their abilities in a subject, anxiety can become a factor that gets in the way of them learning or showing what they know. Sometimes this can be mistaken for a learning disorder when it's really just anxiety.

However, anxiety can also go hand in hand with learning disorders. When children start noticing that something is harder for them than the other children in their class, and that they are falling behind, they can understandably get anxious. The period before a learning disorder is diagnosed can be particularly stressful for children!

When a student fails to hand up their homework or assignment, it could be because they didn't do it, but it could also be because they are worried that it isn't good enough. Likewise, anxiety can lead to second guessingan anxious child might erase their work over and over until there's a hole in the paper; and spending so much time on something that it never gets finished. We tend to think of perfectionism as a good thing, but when children are overly self-critical it can sabotage even the things they are trying their hardest at, like school work.

You might also notice that some anxious children will start worrying about tests much earlier than their classmates and may begin dreading certain assignments, subjects, or even school itself.

Some children will avoid or even refuse to participate in the things that make them anxious. This includes obvious anxiety triggers like giving presentations, but also things like gym class, eating in the cafeteria, and doing group work.

When children start skipping things it might look to others that they are uninterested or underachieving, but the opposite might be true. Sometimes children avoid things because they are afraid of making a mistake or being judged!

School anxiety never just swipes at one person. It's affects children, parents, siblings and the teachers who also invest in the children in their care. One of the worst things about anxiety is the way it tends to show up without notice or a good reason. For children (or anyone) who struggles with anxiety, it can feel like a barrellingit comes from nowhere, makes no sense and has a mind of its own! The truth is, the mind that anxiety has is theirs, and when the child can understand his or her own power, they can start to establish themselves firmly as the 'boss of their brain'. Understanding this will empower children, and will help them to draw on the strength, wisdom and courage that has been in them all along.

If your child has worry, stress, or anxiety that seems too hard for them to handle, talk with your child's doctor or a paediatrician. Childhood anxiety can get better with the right treatment and support.

REMINDER

YEAR 6 MARKET OF HOPE

An important component of the Year 6 Humanities and Social Sciences, is the '**Economics and Business**' sub-strand. By the end of Year 6, students recognise why choices about the allocation of resources involve trade-offs. They explain why it is important to be informed when making consumer and financial decisions. They identify the purpose of business and recognise the different ways that businesses choose to provide goods and services.

Students develop appropriate questions to frame an investigation about an economics or business issue, challenge or event. They locate and collect useful data and information from primary and secondary sources. They examine sources to determine their origin and purpose and evaluate evidence to draw conclusions.

They interpret, organise and represent data in a range of formats using appropriate conventions. They generate alternative responses to an issue or challenge and identify the advantages and disadvantages of preferring one decision over others. They reflect on their learning to propose action in response to a challenge and identify the possible effects of their decision. They apply economics and business knowledge and skills to familiar problems.

Students present ideas, findings, viewpoints and conclusions in a range of communication forms that incorporate source materials and economics and business terms.

You would be aware that the Year 6 Classes launched their own coffee business earlier this year – ‘**Hope Beans**’; which is still raising money for the Hutt Street Centre (Homeless Service in the Adelaide City Centre). You can still order pods and beans if you are running short.

This **Friday afternoon (18th November)** from 2:30 pm until approximately 5:30 pm, their annual ‘**Market of Hope**’ will give the students the opportunity to continue to put into practice some of their understanding of how a business operates. In groups, students have designed and produced products that they will sell to the school community.

Bringing real-world experiences into the classroom is a great way to give students a memorable experience that they can always take with them. One of the principle learning intentions is to create an authentic experience that would help students engage in their learning more. Students are actively involved in designing a product, running a business (the stall at the market) which includes managing a budget, and helping those less fortunate.

BUILDING UPDATE

This morning, the new playground extension area (that had previously been a residential block; purchased from the Glenelg Parish) was opened for our students to use. The hoarding fences were removed and the new playground equipment and sandpits were quickly descended upon.

Apart from the large shade-sails that will be erected during the following weekends, this latest building projectwhich included the refurbishment of the undercroft into four classrooms (for Year 1 and 2), and the renovation of old Japanese/Music room into an Inclusive Education Centreis now complete!

The people who have helped us to make this possibleTim Hastwell (Stallard Meek Flightpath Architects) and Sarah Construction (the builders) have been extremely supportive and straightforward to work with. It hasn't been a smooth process, given that some of the items had to be sourced from interstate, with long delays nevertheless, our students can now enjoy the extra space and new playground equipment before the school year concludes.

STAFF NEWS

We wish **Deb Wight** (School Administration Officer) all the best as she undergoes surgery on her left shoulder at the end of the week. Deb will be away for the remainder of the 2022 school year, as the recovery will be long and gradual. No doubt she will be talking to the anesthesiologist right up until they actually get her asleep before beginning the surgery!

Deb will be missed by her colleagues and the students; and the school office will be very quiet without her enthusiastic personality. We will look forward to her return in the new school year.

FINAL THOUGHT

‘Einstein vows that those who follow the crowd, go no further than the crowd.’ We strive to encourage all students to stand up for what they believe in and follow what they know is right. It sounds easy, but this is definitely not the case. As a child, sometimes they so badly want to fit in, that it makes sense to follow the crowd, even when they realise that it is not always the right thing to do.

As parents and teachers, it is our responsibility to talk to our children and give them the wisdom to make good choices. In the Gospel (Luke 21:5-19), Jesus explains to the disciples that they will be betrayed in life and sometimes it will be by someone they know, even friends and relatives.

Basically, sometimes in life we have to make a stand for what we believe in and know is right. This can be extremely hard when it goes against someone close to us. Jesus tells us that even though unfortunate things might happen around us, we should not be afraid. He says that we are safe because we belong to him and believe in him.

Jesus gives us wisdom when we find things hard to understand or when difficult things happen. Sometimes we need to dig deep down for wisdom when we find things hard to understand or when difficult things happen.

Make sure you share your wisdom!

Thank you and God Bless!
Have a great week!

Nat Izzo
Principal
nizzo@stmarmem.catholic.edu.au



Thursday, 17 November

Team Enzo hats available for \$25
from the Front Office



gold coin donation



FROM THE APRIM

The month of November is traditionally a time in which the Catholic community remembers those who have died. It is related to the fact that the end of November is the end of the Liturgical Year with a new year starting the First Sunday of Advent – the four-week period of preparation before Christmas. The Church then uses this end of the year period as a time to think of the end of life and the end of all things and the great hope that our earthly end is transition into a new life in God's heavenly reality. We give thanks for those who have gone before us and we look with prayer and hope to their new life in heaven and our desire to join them there one day.

In our school community this year we began the month of remembrance on November 1st with the celebration of a whole school mass for All Saints Day. As part of this celebration we took time to remember all the Saints of the Church but also those unknown saints. Our children joined in the singing of a beautiful Litany of the Saints, naming both well known and unfamiliar saints in this prayer.

For All Souls Day on November 2nd as part of classroom prayer children were invited to write down the name of someone they would like to remember who has died. This simple gesture is a lovely way to remember those we love who are now in heaven. You are welcome to add your own names to this book which can be found in our front office.

And of course, Remembrance Day falls in November. At 11am on November 11 our school community gathered around our flag poles to pay tribute to those who have died while serving in war, conflict zones or in peacekeeping missions.

Our Glenelg Parish has a number of celebrations throughout the month of November which enables people to find connection and peace in what can be challenging circumstances. Death is sad because we can no longer spend time with these people we love. Knowing we will be with them in heaven one day is a powerful way of finding peace. If you would like an opportunity to discover this peace for yourself Fr John is always happy to support people through these events. And you can always contact me through the school.

Peace be with you.

Tamara Smith



GLENELG CATHOLIC PARISH

*Our Lady of Victories, 13-15 High St, Glenelg SA 5045
Our Lady of Grace, 36 Beadnall Tce, Glengowrie SA 5044*

Presbytery: 17 High Street, Glenelg
Office Hours: Mon, Wed-Fri 9am-2pm
Phone: 08 8294 1888
Email: glenelgcp@bigpond.com
Web: www.glenelgcp.com

SACRAMENT PROGRAM 2022/2023

The new Sacramental Program is well underway with the parent workshop and the first two children's workshops in preparation for Reconciliation already completed. One workshop remains.

~~Thursday November 3rd - COMPLETED or Saturday Nov 5th - 3pm~~
~~Wednesday Nov 9th - COMPLETED Saturday Nov 12th - 3pm~~
Wednesday Nov 16th - 6:30pm or Saturday Nov 19th - 3pm

Those considering taking this very significant step in their child's faith journey are encouraged to contact me or the Parish Office for an enrolment form which needs to be completed and returned with a copy of your child's Baptism Certificate.

I look forward to hearing from you very soon.

Melissa Mabarrack Parish Sacramental Coordinator
melissagcp@bigpond.com

SUNDAY GOSPEL QUOTE



PRAYER

7 Prayers for NOVEMBER

1. May your health improve.
2. May your friends be blessed.
3. May your family be loved.
4. May your finances multiply.
5. May your pains be less.
6. May your worries disappear.
7. May you be blessed.

Amen 

<https://www.lovethepic.com/image/341179/7-prayers-for-november>

MASSES

Masses can now be celebrated and we warmly invite family and friends to join our year level celebrations. Wearing a face mask is encouraged.

The following is an outline of the Masses for Term 4:

Week 5	Year 4 Mass	Tue 10am
Week 6	Year 3 Mass	Tue 10am
Week 7	Year 1, 2 & Reception Liturgy	Tue 9am
Week 8	No Mass	
Week 9	Whole School Mass	Wed 9am

Changes to the calendar regarding Masses and their times will need to be made as COVID regulations and advice changes. We need to be flexible as adjustments are made to cater for these needs as well as the needs of our parish and our priests. The newsletter will publish the most current times.

Apologies for any inconvenience

Tamara Smith
APRIM
tsmith@stmarmem.catholic.edu.au

LIBRARY NEWS

This year St Mary's Memorial was selected as one of the high achieving schools to be invited to attend the 2022 Premier's Reading Challenge Reception, which was held last week at the zoo. Two of our senior students represented our school at this event, where they met the Education Minister, Hon Blair Boyer.

As always, I am immensely proud of the commitment and dedication displayed by our students this year as they took on the challenge of reading to complete the PRC. It's been exciting and rewarding to witness the eagerness of our students to participate in this national program, which has the primary aim of enhancing literacy skill development. Of course, the PRC also has the enduring aim of encouraging a love of reading for both leisure and pleasure and to inspire students to read, to read more, and to read widely.

This year, 416 students participated in the PRC, with awards being achieved at a range of levels, including...



83 certificates for first time participation

62 Bronze medallions

60 Silver medallions

65 Gold medallions

60 Champion medallions

53 Legend medallions

32 Hall of Fame medallions



We congratulate all of our students on their determination to complete the program. In particular we congratulate the following students who achieve Hall of Fame status. This includes:

Dylan Bartemucci

Darcy Church

Aidan Kroon

Rachel Conway

Emily Starkey

Max Bishop

Maddelin Lowe

Charlize Mangeruca

Cillian Boulter

Ruby Church

Liam Lumbert

Thomas Mechis

Chloe Stevens

Sophie Bowden

Ava Moore

Hayden Salter

Charlotte Byatt

Sienna Dercho

Grace McLeod

Scarlett Mickan

Olivia Stevens

Georgia Caldwell

Jacob Neumann

Fred Tidmarsh

Lily Hammack

Kai Hunt

William Brown

Finn O'Neill

Lachlan Barkla

Archie Cranston

Nyah Rennie

Freya Watts

We also congratulate one of student who achieved the **Hall of Fame – Life Time Reader**.

We look forward to another successful participation rate in 2023. In the meantime, I encourage all our students to continue to enjoy reading throughout the Christmas holidays and to take great pleasure and delight in the many wonderful places and exciting adventures that reading can take them on.

Tracey Talley

Teacher Librarian





MARKET OF HOPE

FRIDAY, 18 NOVEMBER

2.30pm - 5.30pm

The 'Market of Hope' is a student run fair. The Year 6 students are selling products that they have made. They have worked really hard to make excellent products that include slime, candles, succulents in concrete pots, bracelets and much more.

The Year 5 students will have games with prizes to entertain the children. We also have a bouncy castle that will be set up in the hall. There will be a selection of snacks and drinks available to purchase.

Finally, our Year 6 coffee business 'Hope Beans' will be launching our brilliant ceramic keep cups. These cups have been sponsored by 2 SMMS parent run businesses; PMR Financial and Amplified Accounting.

All proceeds from the 'Market of Hope' will go towards the Hospital Research Foundation Group – Palliative Care and Hutt Street Centre.

So, please come along, bring some money, give your children some money and help some of the most vulnerable in our society.

Kind regards,
Mark Nelson (Year 6 teacher)



VOLUNTEERS NEEDED

Bunnings Sausage Sizzle



The P&F Committee are seeking Volunteers to fundraise for our SMMS students via the

AIRPORT BUNNINGS SAUSAGE SIZZLE
Sunday 4th December 2022.

This is a worthwhile fundraising event which will help all of our students. ANYONE can volunteer.

We require 16 Volunteers in total, 4 x Volunteers for each 2-hour block between 09:00 - 16:30

If you are able to help, please contact our Chair for roster order
Charmaine Hughes - 0448 373 796 Email: charmainehughes59@yahoo.com

Thank you to every parent and grandparent who helped the 22.10.2022 Airport Bunnings Sausage Sizzle.
We raised nearly \$1400.00 for the students!

Thank you, St Mary's P&F Committee



RCH	19/11	<i>Edmund Hughes</i>
RG	19/11	<i>Airlie Groth</i>
1E	20/11	<i>Dieter Gryst</i>
	20/11	<i>Evie Pearce</i>
1S	16/11	<i>Annie Hateley</i>
2W	16/11	<i>Ned Kay</i>
4A	16/11	<i>Aston Smith</i>
5M	16/11	<i>Scarlett Dunstall-Hywood</i>



We remind families to ensure uniforms, hats, drink bottles, lunch boxes, etc., are all clearly labelled with your child's full name.

If you do notice that your child is missing an item, we suggest you ask them to regularly check the lost property box, which is located outside the library.



We are very proud of Mo (5P), being chosen to represent South Australia as a member of the U12 Touch Football Team. Mo and his family travelled to Wagga Wagga in week 3 and competed at the National Touch Football Carnival, playing against teams from NSW, Victoria, ACT, Western Australia and Queensland.

It was a terrific experience for Mo, and the team was very competitive throughout, with NSW being eventual winners of the competition.



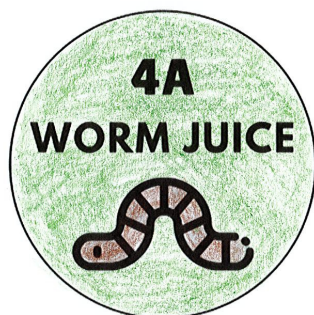
Well done (again) to Emily (6N) who represented the Western District at the SAPSASA Girls Cricket State Carnival.

The team had an extremely successful carnival, finishing up undefeated in Division 1, taking home a gold medal.

Keep up the great work Emily.



Would you like to support our 4A sustainability project and feed your plants an all-natural fertilizer?



Get our 4A's Worm Juice!

Just bring in an empty jar and a gold coin donation!

It's worm licking good...

Thank you for your support! From 4A

ATTENDANCE

Due to the attendance app no longer working, we are asking parents to cc info@stmarmem.catholic.edu.au when emailing teachers about attendance. This email goes to the whole admin team (including Deb).

Sharon and Angela (Admin Staff) are responsible for changing the attendance codes on the data system. Therefore, the school requires attendance information as soon as possible in the mornings, before the absentee texts go out.

Teachers often do not have time, before school starts, to email the front office regarding absentee emails they have received, so it is important that the front office team receives this information also.

Thank you for supporting us in our endeavour to keep track of all student's attendance.

info@stmarmem.catholic.edu.au

UNIFORM SHOP - OPENING TIMES

TUESDAY 2:45 - 3:30pm

THURSDAY 2:45 - 3:30pm



Please contact Christine on:- 0424 776 381
Email: cocombe@belgraviasports.com.au

or visit the St Mary's Memorial School [Online Uniform Shop](#):-

- Open 24/7
- AfterPay available
- Delivery information is on your online shop home page

How to Order

1. Create an Account (optional)
2. Add products to your cart
3. Fill in Special Instructions for seller field with your child's name.
4. Check out by following the prompts.
5. You can log back in at any time and view your past orders.

LUNCH ORDERS

We advise that lunch orders for Term 4 are only available through **The Daily Fixx**.

Order forms can viewed by clicking on the icon below.



As usual, please remember to fully complete the order form and then place the order into a brown paper bag, ziplock bag or envelope. Write your child's full name and "Daily Fixx" clearly on the bag.

Orders must be received at the Front Office by no later than 10:00am.

If there is a shortage of funds in your child's lunch order you will receive an email requesting monies to be paid to the Front Office the following day.

PLEASE NOTE
SUSHI and SUBWAY ARE NO LONGER AVAILABLE

WANT AN EXCUSE TO WEAR YOUR FAVOURITE HAT FOR THE DAY???

NOW YOU HAVE ONE !


HATS ON
FOR PROGERIA

THE PROGERIA RESEARCH FOUNDATION WANTS YOU TO PUT YOUR HATS ON FOR PROGERIA!!!



Week 5 Thursday

17 November 22

ST MARYS MEMORIAL SCHOOL

GOLD COIN DONATION

All money raised goes

directly to 



HATS AVAILABLE AT THE FRONT DESK \$ 25

TERM PLANNER

St Mary's Memorial School

Term 4 – 2022

16 Milton Street, Glenelg, S.A. 5054. Phone: 8294 4580, Fax: 8294 1967

Postal Address P.O Box 812 Glenelg, 5045
info@stmamem.catholic.edu.au

	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
Week 1 October	17 School Resumes	18 8:45 Morning Prayer	19 Staff Meeting School Board Meeting 6:30 pm	20 R-6 Dance Lessons	21 School Assembly 9:00 am – Principal	22/23
Week 2 October	24 National Children's Week	25 8:45 Morning Prayer Class Mass 10:00 am Year 6 Classes	26 Staff Meeting	27 R-6 Dance Lessons	28 Dance Showcase – 9:00 am Playground	29/30
Week 3 Oct / Nov	31	1 8:45 Morning Prayer All Saints Feast Day R-6 School Mass 10:00 am	2 All Souls Feast Day Staff Meeting P&F Meeting 7:15 pm	3 Grandparents & Special Friends Day	4 SPORTS DAY 9:00 – 1:30 Bowker Street Oval	5/6
Week 4 November	7	8 8:45 Morning Prayer Class Mass 10:00 am Year 5 Classes	9 No Staff Meetings (Report Writing)	10	11 No School Assembly Term 1 Reception Orientation 9:00–10:30 R-6 Remembrance Day Service	12/13 Adelaide Christmas Pageant
Week 5 November	14 Zoo Snooze – Yr 3 L	15 8:45 Morning Prayer Class Mass 10:00 am Year 4 Classes	16 Staff Meeting School Board Meeting 6:30 pm	17	18 School Assembly 9:00 am – Term 1 Reception Orientation 9:00–10:45 Year 6 Market of Hope	19/20 Christ the King Feast Day
Week 6 November	21 Year 6 Camp 21-24 November	22 8:45 Morning Prayer Class Mass 10:00 am Year 3 Classes	23 Staff Meeting	24	25 No School Assembly 9:00 am - Term 1 Reception Orientation 9:00–10:45 Sacred Heart Transition Day	26/27 First Sunday of Advent
Week 7 Nov / Dec	28 Sabbath Week Year 5 Camp 28-30 November	29 8:45 Morning Prayer Class Liturgy 9:00 am Rec – Year 2	30 Interscholar Athletics Carnival Years 3-6 Staff Meetings	1 2:00 Reception Christmas Sing-a-long	2 School Assembly 9:00 am – Term 1 Reception Orientation 9:00-11:30	3/4 Second Sunday of Advent
Week 8 December	5 Aquatics-Sailing Year 5P	6 8:45 Morning Prayer Aquatics-Sailing Year 5M	7 Aquatics-Sailing Year 6N Staff Meeting P&F Meeting 7:15 pm	8 Aquatics-Sailing Year 6T	9 R-6 Christmas Presentation 9:00 am	10/11 Third Sunday of Advent
Week 9 December	12 2023 Transition Morning Second Semester Report Distribution Year 6 Graduation Dinner	13 8:45 Morning Prayer Year 5 Excursion – Beach House	14 9:00 R-6 End of Year School Mass (Last day for Year 6 Students) Year 6 Breakfast 7:00 Year 6 Graduation Ceremony	15 School Assembly 9:00 am - Principal Term 4/School Concludes 3:10 pm	16 Staff Day (Pupil-Free Day)	17/18 Fourth Sunday of Advent