

NEWSLETTER

14 SEPTEMBER 2022
TERM 3, WEEK 8
ISSUE 28

ST MARY'S MEMORIAL SCHOOL

FROM THE PRINCIPAL

Dear Members of our St Mary's Memorial School Community,

PASSING OF QUEEN ELIZABETH II

We join with everyone in the United Kingdom, and around the world, who are mourning the passing of Queen Elizabeth II. It was earlier this year, we observed her Platinum Jubilee which marked her 70th year as Queen; the longest reign of any British monarch. Her commitment and dedication to her country and people was acknowledged worldwide.

For many of us this sense of loss after the death of someone we've never met, who existed in a social stratosphere far above, might seem strange. True, millions will express their sadness or even grief at the death of Queen Elizabeth II openly and without hesitation. Others will feel reflective; some will make an instant connection, through space, time and privilege with their own life and inevitable death.

To be honest, I'm not a fan of the Royal Family, but I was also a bit surprised at my sense of shock and sadness on hearing the news of her death. Perhaps I shouldn't have been. The Queen's status made her prominent in our thoughts even as it created social distance. The nation has had seven decades to relate its own hopes, fears and sense of mortality to hers.

Her inscrutability and that impression of constancy probably made it easier ...like a blank canvas would, for people to see their own emotions reflected in her. It's only natural that this national act of transference should produce a sense of loss upon her passing. The common responses to her death: "she was always there", "she felt like the country's grandmother", prompt sympathy and understanding.

Nevertheless, we pay tribute to the Queen's dedication and give thanks for her leadership and inspiration during a lifetime of public service.

GRANDPARENTS DAY POSTPONED

Many people are aware that our Prime Minister, Mr Albanese publicly announced a one-off national holiday on Thursday 22 September to commemorate the passing of Queen Elizabeth. Obviously this will impact on many people, including our school community, as we have our whole school Grandparents and Special Friends Day scheduled on the Thursday; as well as, a Year 3 Zoo Snooze excursion overnight on Thursday.

Therefore, we will postpone Grandparents and Special Friends Day next week and move the event into early Term 4. Please advise extended families that when a suitable date is secured, we will provide ample notification to ensure that our prospective visitors can attend.

Please extend our thanks for their (grandparents and special friends) anticipated understanding and patience. We will look forward to their visit next term.

WHY CAN'T MY CHILD CONCENTRATE AT SCHOOL?

Attention and concentration play a very important role in students' success in the classroom. Attention allows students to "tune out" unrelated information, background noise, visual distractions, and even their own thoughts. By doing this, students are able to concentrate and focus on the important information being given by teachers. Attention allows us to plan or preview and monitor and regulate our thoughts and actions. Attention is the first step in the learning process. We cannot understand, learn or remember that which we do not first attend to.

Attention and concentration difficulties are very common in school-aged children. Parents and class teachers will often express their concerns about their children's/students' concentration levels, both at home and at school, that may be having a significant impact on their life and in particular their learning. The child may be day-dreaming or staring out the window at home or in class, or they may be disruptive, unable to complete their work and struggling with their learning.

There are a number of behaviours that we may initially notice in a child who is experiencing attention and concentration difficulties, including ...

- an inability to sit still;
- is easily distracted;
- has problems following instructions;
- has problems organising themselves, or is constantly losing things;
- has difficulty completing school work;
- has poor handwriting compared to other children of the same age;
- is experiencing some learning difficulties;
- displays regular behavioural difficulties such as aggression, moodiness or irritability;
- experiences friendship issues, such as difficulty making and keeping friends;
- shows clumsiness or poor gross motor skills, such as running or jumping.

Attention and concentration difficulties can have a significant impact on learning, and the challenge is to work out which comes first. That is, does the child have a primary problem with attention and concentration or is this secondary to some form of masked learning difficulty?

But before that, some of the common causes that we consider first are ...

- a lack of sleep or a poor routine;
- a diet high in sugar and fat with no sustaining nutrition to assist concentration in the classroom;
- excessive screen-time, especially prior to going to bed;
- difficulties at home, such as a recent separation of parents or a family trauma;
- some medications or organic illnesses, such as low thyroid function or iron deficiency.

If a child is having difficulty concentrating in class, I will often recommend to parents that their GP examines the child and discusses all these issues with them. Often there are a number of causes contributing to poor attention and concentration. If we are worried that a child may have ADHD or a learning difficulty, the GP can refer the parents to a paediatrician who will ask them and the child's teacher to complete some questionnaires to try to understand the child's behaviour, including their attention and concentration levels, both at home and at school. If the child is having trouble with their learning, such as their reading or handwriting skills or with mathematics, then an educational psychology assessment may be needed to determine the child's cognitive ability.

However, there are ways of supporting/helping a child to concentrate better. Firstly, we can ensure the child is getting enough sleep. Most primary school-aged children still need 10-11 hours of sleep. They typically go to bed between 7:00 pm and 9:00 pm, and wake between 6:00 am and 8:00 am. Once they are over the age of 12, 8-9 hours' sleep may be enough; but teenagers often need more!

Next, check that the child is eating a good, nutritious diet with minimal junk food and sugar. Lastly, talk to the child about how much time they are spending on the computer or iPhone. We may need to set some limits and make a deal or contract that there will be no screen-time until Friday night or the weekend. For school-aged children, the recommendation is no more than two hours per day of screen-time. This is hard if the child is older and is using the computer for homework.

If this is the case, we need to monitor it carefully and make sure the child is not playing video games or using social media excessively.

At school, there are a number of strategies that teachers implement to assist a child's attention and concentration in the classroom ...

- Sitting them at the front of the class;
- Sitting them next to a quiet student who doesn't distract them;
- Making good eye contact with the child before instruction is given and keeping the instructions short. The child is sometimes asked to write down keywords to prompt their memory, if helpful;
- Attempts to ensure the child receives as much one-on-one assistance as possible;
- Gives the child some stretch breaks...perhaps the child is asked to run errands for the teacher;
- Asking the child to demonstrate a skill to the class that they do well; to build up their self-esteem!
- Giving the child extra time to finish their work and reducing the amount of homework if they are struggling;
- Giving positive reinforcement when the child is working well and quietly;
- If consequences are needed, making sure there is ample warning and that the consequence is immediate, clear and graded e.g. starting with a short time-out and not too punitive.

It's really important to build self-esteem and foster positive social skills for students who find concentrating and learning at school a struggle. This can help prevent students becoming isolated from their peers and losing confidence in their ability or willingness to learn or make friends.

Finally, it is important to acknowledge that a tendency to struggle with attention and concentration is not entirely negative. The ability to break focus to notice "what is over there" may have been responsible for the survival of our species (for instance I imagine it was pretty important to prehistoric humans to break their attention on a plant to notice a tiger approaching!). In today's world, the ability to flip quickly between many different ideas in a short period of time may also be vital for innovation and creativity.

Teachers have worked with many amazing children with attention/concentration challenges who think in far more creative, interesting and amazing ways than many other children. Instead of just seeing these young people through a "defective" lens, we should affirm and capitalize on their unique and powerful strengths.

This doesn't mean we don't continue to work on helping them improve their attention and concentration skills, but we should acknowledge that this is a "marathon not a sprint" and that in the meantime, their strengths and unique approach to the world mean they are wonderful and valuable just as they are.

FINAL THOUGHT

At this time of the year, some students are behaving a little emotional and on edge....including some staff and parents! Things that we would normally be able to deal with, can be a little more challenging to handle and as a school, we notice that some of our students are more sensitive. Last week, I dealt with a friendship issue with a group of students who are usually very resilient and mature, but it being week 7 of Term 3, a very minor situation had become overwhelming! After everyone had an opportunity to communicate how they were feeling and some words of reassurance were shared, all was sorted and they resumed playing.

This incident and indeed this time of the year reminds me of a famous story about Charles Plumb, a US Navy jet pilot in Vietnam. After 75 combat missions, his plane was destroyed by a surface-to-air missile. Plumb ejected and parachuted into enemy hands. He was captured and spent six years in a Vietnamese prison. He survived the ordeal and now lectures on lessons learned from that experience.

One day, when Plumb and his wife were sitting in a restaurant, a man at another table came up and said, "You're Plumb. You flew jet fighters in Vietnam from the aircraft carrier, Kitty Hawk. You were shot down." "How in the world did you know that?" asked Plumb. "I packed your parachute," the man replied. Plumb gasped in surprise and gratitude. The man pumped his hand and said, "I guess it worked." Plumb assured him, "It sure did. If your chute hadn't worked, I wouldn't be here today."

Plumb couldn't sleep that night, thinking about that man. Plumb says, "I kept wondering what he had looked like in a Navy uniform: a white hat; a bib in the back; and bell-bottom trousers. I wonder how many times I might have seen him and not even said 'Good morning, how are you?' or anything because, you see, I was a fighter pilot and he was just a sailor."

Plumb thought of the many hours the sailor had spent at a long wooden table in the bowels of the ship, carefully weaving the shrouds and folding the silks of each chute, holding in his hands each time the fate of someone he didn't know.

Now, Plumb, the public speaker, asks his audience, "Who's packing your parachute?"

Everyone has someone who provides what they need to make it through the day. He also points out that he needed many kinds of parachutes when his plane was shot down over enemy territory. He needed his physical parachute, his mental parachute, his emotional parachute and his spiritual parachute. He called on all these supports before reaching safety.

Sometimes in the daily challenges that life gives us, we miss what is really important. We may fail to say hello, please, or thank you; congratulate someone on something wonderful that has happened to them, give a compliment or just do something pleasant for no reason. As we go through the rest of this week, this term and for the remainder of this year, recognise those people who pack your parachutes!and thank God for them!

STUDENT SAFETY REMINDER FROM SAPOL

Students and families are reminded to be wary of approaches from strangers, especially when they are unaccompanied or travelling to and from school. If they are approached students should not respond and should not accept offers of rides or gifts.

Some of the other local primary schools have recently reported incidents to SAPOL regarding their students receiving unprovoked attention from suspicious individuals while travelling to and from school.

Students should seek the assistance of other nearby adults if they feel unsafe and should report the event to a trusted adult (parent or school staff member) as soon as possible.

SAPOL advises that taking out a mobile phone and calling police can deter the offender and they recommend the student making a formal report to their closest police station.

Have a great week!
Thank you and God Bless

Nat Izzo
Principal
nizzo@stmarmem.catholic.edu.au

HAPPY BIRTHDAY



| | | |
|-----|-------|---------------------------------|
| RCH | 18/09 | <i>Joshua Vale</i> |
| RG | 18/09 | <i>Senuki Wattegamaarachchi</i> |
| 1S | 18/09 | <i>Daniel Fazzalari</i> |
| 2W | 17/09 | <i>Harper Bosley</i> |
| 4A | 18/09 | <i>Zoe Farrer</i> |
| 4R | 16/09 | <i>Elizabeth Harmer</i> |
| | 18/09 | <i>Austin Siju</i> |
| 6T | 14/09 | <i>Mariajose Grande</i> |

FROM THE APRIM

One of the Australian Professional Standards for Teachers is to understand and respect Aboriginal and Torres Strait Islander people to promote reconciliation between Indigenous and non-Indigenous Australians. On Friday our staff spent the day learning and engaging in our Aboriginal history and culture.

The day began with an Acknowledgement of Country by Aboriginal man Trent Hill. Trent's Country is in Western Australia making Welcome to Country on Kurna Country not appropriate for him. He explained to us how far and wide Kurna Country is and the many ways Aboriginal people have taken care of the land using traditional methods for millennia.

Trent shared with us his knowledge of traditional tools and resources, how and why people used them and how stories passed on wisdom on how to use the resources available to them from one generation to the next. He also spoke about how the Aboriginal people only ever took what they needed, never more, and there was never waste. Any left-over materials were burned and returned to the earth. Trent spoke to us about tradition, stories and the different roles people in a community played. People in a community always shared.

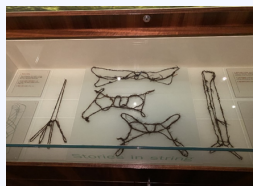
Trent is not new to our community; he has been invited into our school to share stories with the children. He has a very calm way about him telling his stories in a way that draws the listener in. The kids love him, hence he has been invited back time and time again. After his time with the staff, we loved what he taught us too.

In the afternoon we spent time exploring the two floors of the South Australian Museum dedicated to Australian Aboriginal Cultures. Having this specific focus helped us to really take the time to observe and listen to the rich array of artifacts on display. Staff were able to discover new details about this rich and diverse culture of ours.

There were stories to listen to. There were videos of people on their traditional country engaging in traditional activities that were taken not that long ago. The way Aboriginal people could make use of string was so surprising! And there is even a 10000-year-old boomerang on display.

In this Season of Creation we should take the time to listen to the wisdom of the people who survived harmoniously with nature on this land for thousands of years. On our one day we learnt so much. If you haven't done it before, I recommend taking generous time to explore the Australian Aboriginal Cultures Gallery at the South Australian Museum.

Nakutha
Tamara Smith



GLENELG CATHOLIC PARISH

*Our Lady of Victories, 13-15 High St, Glenelg SA 5045
Our Lady of Grace, 36 Beadnall Tce, Glengowrie SA 5044*

Presbytery: 17 High Street, Glenelg
Office Hours: Mon, Wed-Fri 9am-2pm
Phone: 08 8294 1888
Email: glenelgcp@bigpond.com
Web: www.glenelgcp.com

SACRAMENTAL PROGRAMME

Workshops preparing children for the Sacrament of First Eucharist are now complete.

If you were unable to attend a workshop, please contact either Fr John or Melissa to discuss as soon as possible as the expectation is that all three workshops were attended.

There will be a practise workshop on Wednesday 14th September at 3:45pm

First Eucharist will be celebrated at any parish Mass on the weekend of the 17th and 18th September. Following the 10:30am Sunday Mass there will be a morning tea for all the children and their families in St Dominic's Hall.

NEW SACRAMENTAL PROGRAM will begin in Term 4.

Please contact Melissa or Father John at the Glenelg Parish if you have any questions or if you are interested in having your children involved.

Thanks,
Melissa Mabarrack
Parish Sacrament Coordinator melissagcp@bigpond.com

SUNDAY GOSPEL QUOTE



PRAYER



Aboriginal Our Father

You are our Father you live in Heaven
We talk to you, Father you are good
We believe your word Father we your children
Give us bread today
We have done wrong we are sorry
Teach us Father all about your word
Others have done wrong to us and
We are sorry for them Father today
Stop us from doing wrong Father
Save us all from the evil one
You are our Father you live in Heaven
We talk to you Father you are good
Amen

by the Kija People
{Western Australia}



MASSES

Masses can now be celebrated and we warmly invite family and friends to join our year level celebrations. Wearing a face mask is encouraged.

Week 9 Year 1, 2 & Reception Liturgy Tue 9am

Changes to the calendar regarding Masses and their times will need to be made as COVID regulations and advice changes. We need to be flexible as adjustments are made to cater for these needs as well as the needs of our parish and our priests. The newsletter will publish the most current times. Apologies for any inconvenience.

Tamara Smith
APRIM
tsmith@stmarmem.catholic.edu.au

\$10_{each}

Available Now

2023 COLUMBAN ART CALENDAR



To order your 2023 Columban Art Calendar, please contact Tamara Smith tsmith@stmarmem.catholic.edu.au or through the Front Office.

LUNCH ORDERS UPDATE

We advise that lunch orders for Term 3 at this stage are only available through **The Daily Fixx**.

Order forms can viewed by clicking on the icon below.



As usual, please remember to fully complete the order form and then place the order into a brown paper bag, ziplock bag or envelope. Write your child's full name and "Daily Fixx" clearly on the bag.

Orders must be received at the Front Office by no later than 10:00am.

If there is a shortage of funds in your child's lunch order you will receive an email requesting monies to be paid to the Front Office the following day.

OSHC - OUT OF SCHOOL HOURS CARE

We remind families that all OSHC bookings must be made via the **Kidsoft iportal** by a parent/ guardian. Access to the **Kidsoft iportal** is provided to families when registering for the OSHC service. Please note that the school office staff do not have the ability to make any new bookings or any amendments/ cancellations on your behalf.

Please email Vicki directly at OSHC for any changes or cancellations.

**Vicki - vmessent@stmarmem.catholic.edu.au
OSHC Mobile: 0408 714 787**

Cancellations must be made by 4pm the day prior to avoid full fees being charged. Please email Vicki as above.

**Parents are unable to cancel via the
Kidsoft iportal.**



LIBRARY NEWS

Holdfast Bay Library Service invites you to a special event in the upcoming school holidays. **Storytellers at Holdfast** provides an opportunity for you and your family to come and share stories with local authors and illustrators. This is an event that is suitable for all ages.



STORYTELLERS AT HOLDFAST

Authors and their books



Presenters: Katrina Germein, Vaughan Duck, Kristin Weidenbach, Mike Dumbleton, Janeen Brian, Mandy Foot, Alys Jackson, Kylie Covark, Danny Snell and Mem Fox.

When: Saturday 8 October, 2022

Where: Brighton Performing Arts Centre
Brighton Secondary School - 305 Brighton Road, North Brighton

Time: Starting at 1:15pm

Cost: Tickets are \$5 plus booking fee (non-refundable) and can be made at <https://www.trybooking.com/CCBHT> or by contacting Glenelg library (8179 9555) or Brighton Library (8229 9988).

Overdue Library Books

This week students with overdue books will receive a letter asking for their books to be returned. Please email me on ttolley@stmarmem.catholic.edu.au if this is proving to be a problem.

Thanking you in anticipation,

Tracey Tolley



TERM 3 SPECIAL LUNCH

St Mary's Memorial School
P&F Hot Dog & Fruit Box
Lunch Day
Wednesday 28th Sep



Please make payment via the
QKR! App no later than Wed 21st
Sep

(please ensure you order via each child's
profile)

Hot Dog (GF) & Juice Box (99%
Fruit Juice) \$6.00
or 2 for \$10.00

If you are a registered volunteer and available
to help on the day between 11 am to 2pm
please let us know at
jordanmurc@adam.com.au

St Mary's Memorial School



PARENTS & FRIENDS COMMUNITY



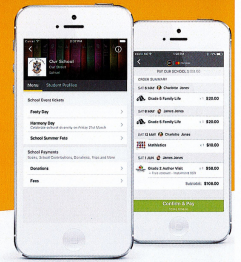
masterpass

For quicker, hassle-free school
payments, try Qkr! today

Introducing Qkr! (pronounced 'quicker') by Mastercard, the
secure and easy way to order and pay for school items from
your phone at a time and place that suits you.

With Qkr! you can:

- Pay for a variety of school items;
- See your receipts on the app and get them sent by email if required.



Getting started is easy - try it yourself today

Step 1 Download Qkr!

on your Android phone or iPhone. iPad
users can download iPhone app



Step 2 Register

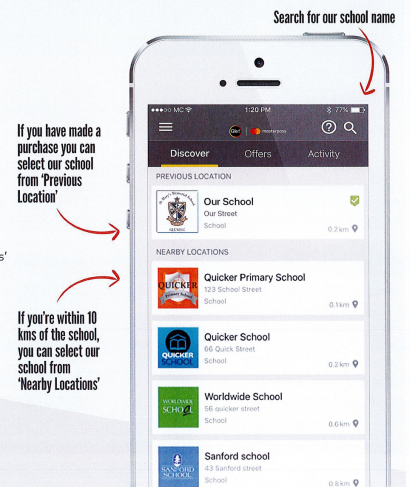
Select your Country of Residence as
'Australia' and follow the steps to register

Step 3 Find our school

Our school will appear in 'Nearby Locations'
if you're within 10kms of the school, or
search for our school by name.

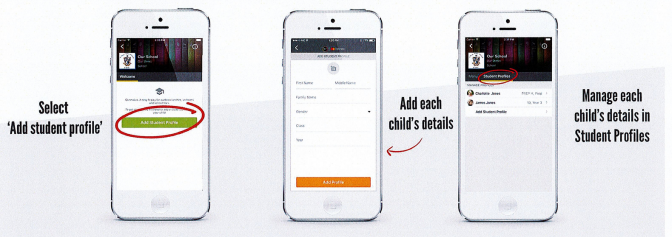
Step 4 Register your children

When first accessing our school you will
be prompted to add a student profile for
your child. This allows you to make orders
and payments for them.

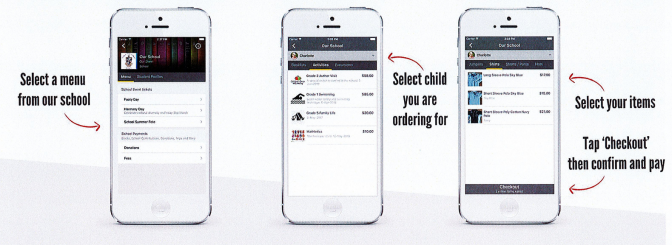


masterpass

Add your children's details in Student Profiles

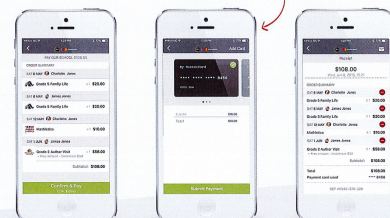


Purchase school items



Making payments

Add up to 5 cards to your wallet



At checkout select which card to
pay with.

Pay with any cards accepted
by the school.

Once your payment is approved you
can continue to the home page, or
view your receipt.

ST MARY'S MEMORIAL SCHOOL



DATE: Friday 16 September 2022

TIME: 5:30 - 7:00pm: reception to year 3
7:15 - 8:45pm: year 4 to year 6

VENUE: Stephen Debourg Art Centre, Sacred Heart College



VOLUNTEERING AT ST MARY'S

To volunteer at St Mary's Memorial School you will need to have a current Catholic Police Clearance, which can be applied for through the school office or alternatively, hold a current DHS (Department of Human Services) Working With Children's Clearance.

In addition to the appropriate Police Clearance, all volunteers will need to forward their COVID Vaccination Certificate (showing double vaccination) and complete the RRHAN (Responding to Risk of Harm, Abuse and Neglect for Volunteers) Course. Please go to the following link, login and complete the RRHAN training by clicking on Non Department for Education Staff.

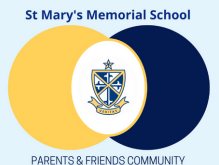
<https://www.plink.sa.edu.au>

On completion of the training please either bring in a copy of your certificate and COVID Certificate or send them via email to info@stmarmem.catholic.edu.au

Should you have any queries or wish to check on your volunteer status at St Mary's Memorial School, please contact the School Office.



VOLUNTEERS NEEDED



FOR THE FOLLOWING EVENTS

**TERM 3
SPECIAL LUNCH
WEDNESDAY 28 SEPTEMBER**

**BUNNINGS SAUSAGE
SIZZLE FUNDRAISER
SATURDAY 22 OCTOBER**

*Flyers with full details of the above P&F events will be advertised shortly.
In the meantime, please contact Genevieve from the P&F for further information - 0416 034 064 or gottenmale@hotmail.com*



Well done to Daniel Bahr (5P) who competed in the Australian Cross Country Championships, held in Adelaide in August 2022.

Daniel came a very impressive 6th overall in the U/11 Boys 3km race, with a time of 11:02.

He was first across the line for South Australia.

Congratulations Daniel on a great achievement.

Hello parents and friends,

This is Aidan Rafanelli and Finn O'Neill from the student run business Hope Beans. Recently we have been working on expanding our business, including getting the Year 4s and 5s to join Hope Beans. A few months ago, we had our business launch, which was really successful! We had a lot of parents buy and try our coffee and they loved it!

Now we are working on promoting our business, including having an Instagram and Facebook account, and we are trying to get merchandise for the business too, including trucker caps, badges, t-shirts and Keep Cups.

We have learnt a great deal.

Finn has learnt from Hope Beans to persist through tough times.

Aidan has learnt how to commit to something and how to make higher quality posters/ flyers on Canva.

Leksi from 4R has learnt that it is not just about making coffee and making money, it's about raising money for charity.

Freya from 6T has learnt how to be a part of a business and to be more collaborative.

Ava from 6T has learnt some marketing techniques.

We also appeared in The Southern Cross newspaper.

Please like us on social media Hope Beans SMMS and please buy some of our coffee. Just scan the QR code.

We hope everyone has a nice rest of their day!



Fundraising project grounded in sustainability

JENNY BRINKWORTH

There's much more to a cup of coffee than meets the mouth for St Mary's Memorial School students Archie, Ava and Grace.

The Year 6 students are part of the Glenelg school's Hope Beans project which involves selling ethically-sourced coffee beans to raise money for the Hutt St Centre.

Initiated by teacher Mark Nelson, who started a similar enterprise while working at a school in China, the project also gives students skills and experience in running a business.

The bags of ground or whole coffee beans and boxes of pods are roasted by Monastery Coffee which uses Intersection Traders – a small, local business working with coffee producers in Uganda.

Working with researchers at universities in Australia, Uganda and the Netherlands, Intersection Traders has trialled and implemented a contracting approach that allows coffee pickers and growers to be involved in a transparent, higher paying and quality-focused harvesting program.

Sold online, the 250g bags and pod



Archie, Ava and Grace

boxes are \$16 and \$18 respectively, with \$5 going towards the Hutt St Centre to support its services for the homeless.

The school is also in the process of starting a business relationship with

Flinders Medical Centre Research Foundation to use Hope Beans to raise funds for palliative care.

Ava's role in the Hope Beans group, which meets every Monday lunchtime in the library, is sales

manager. Her business objective is to find five regular buyers of the coffee and she has already obtained three.

"I also talk to the graphic designer and help make the flyers to send out with the newsletter," she explained. "And we promote it on Facebook and Instagram."

Grace is the events coordinator and recently helped organise the launch of Hope Beans at the school, which featured on Channel 7 News, and a presentation to Flinders Medical Centre Research Foundation.

Archie said people who sampled the coffee at the launch said it was "really tasty" and "the best they'd ever had".

Another important part of the group's work was designing a logo. After a few attempts and some input from Mr Nelson, the group came up with a bright, "beachy" theme.

Mr Nelson said he hoped other schools might come on board and replicate the project.

"It's a great way of raising money and helping farmers who produce the coffee to have a better life," he said.

"At the same time it's providing the students with business skills."

SCAN ME



On Sunday, 25 September 2022 at 11.00 am
Team Enzo is holding a private screening of

EMBRACE: KIDS

at Wallis Cinemas Mitcham
featuring our very own
STAR - Enzo Cornejo!

A feature documentary for school-aged kids,
EMBRACE: KIDS is an uplifting film by Taryn Brumfitt
(EMBRACE 2016) which brings together a vibrant collection
of stories from young people and famous friends alike, who
share their experiences about body image, bullying, gender
identity, advocacy, representation and more.

EMBRACE: KIDS is a tool for families and educators
to start conversations.



Special Screening

SEPT 25

WALLIS CINEMAS MITCHAM FROM 11 AM

Ticket Prices:
Adults - \$20
Kids - \$15
Family (2 adults 2 kids) - \$65

BOOK HERE!



SCAN ME

WWW.TEAMENZOPROGERIA.COM



CITY BAY

We are back JOIN OUR TEAM!!



On the 18th of September

You can run, walk, skip, etc... your way to the finish line with us!!!

support my team 



Join my team 



Grasshopper SOCCER MOBILE: 0480129125 **ENROL NOW**
AGES 2-12

Term 4 kick-off
20 October 2022



AUSTRALIA'S #1 Non-Competitive Soccer Program

LOCATIONS
UNLEY HIGH - ATHELSTONE
LOCKLEYS - COWANDILLA
KESWICK - BELLEVUE HEIGHTS
FLAGSTAFF HILL - MOUNT BARKER

www.grasshoppersoccer.com.au/adelaideinnersouth

NIPPERS COME AND TRY



Join The Home Of The Junior Champions

October 22nd 11am for ages 5-12

Meet on the lawns in front of the surf club
glenelgslscippers@gmail.com

GLENELG
SURF LIFE SAVING CLUB

GC TheGlenelgClub

BAY'S BIGGEST BACKYARD
SATURDAY SEPTEMBER 24 | THE GLENELG CLUB | FROM 1PM

AFL GRAND FINAL FAMILY DAY

OUTDOOR ACTIVITIES WITH GAMES 2 U
FULL OVAL ACCESS
MEET THE TIGER MASCOT
DRINK & FOOD SPECIALS ALL DAY


LIVE ON THE BIG SCREENS

BOOKINGS REQUIRED
\$10 PER CHILD
INCLUDES ACTIVITIES & DRINK
FREE ENTRY FOR ADULTS



WWW.THEGLENELGCLUB.COM.AU | 82494 5333 | MANAGER@THEGLENELGCLUB.COM.AU

Catholic School Parents SOUTH AUSTRALIA



Catholic School Parents SA is pleased to present:

Anxiety and Worry in Children & Teenagers
presented by Madhavi Nawana Parker

Tuesday September 20 2022
6.30pm - 8pm (in person or online)
St Thomas School & Preschool
10 Rushton St, Goodwood SA

This Parent Engagement Evening, hosted by Catholic School Parent SA, welcomes all parents and carers of children in Catholic schools.

Many children experience some degree of anxiety and worry. This free session will help parents and carers learn to respond in a way that doesn't further inflame the situation and reduce destructive thinking patterns and improve resilience and wellbeing.

Presented by Madhavi Nawana Parker of [Positive Minds Australia](http://PositiveMindsAustralia.com)

Register via the [CESA Registration Centre](#) or go to the [Events page](#) on the [Catholic School Parents SA Website](#)

cspsa.catholic.edu.au

ST MARY'S MEMORIAL SCHOOL

TERM PLANNER

St Mary's Memorial School

Term 3 – 2022

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| | Monday | Tuesday | Wednesday | Thursday | Friday | Sat/Sun |
|---------------------------|--|--|--|--|--|-----------------------------------|
| Week 1 July | 25 Staff Training Day | 26 Students Resume | 27 Staff Meeting | 28 R-6 Dance Lessons | 29 No Assembly Year 6N Genius Hour Presentations | 30/31 |
| Week 2 August | 1 ROAD SAFETY WEEK | 2 8:45 Morning Prayer | 3 R-6 St Dominic's School Mass 2:00 Staff Meeting P&F Meeting 7:00 pm | 4 R-6 Dance Lessons | 5 School Assembly 9.00 am - Principal First Semester Reports Distribution | 6/7 |
| | | | | | | |
| Week 3 August | 8 St Dominic's & St Mary MacKillop's Feast Day Year 2 Festival Theatre Excursion | 9 8:45 Morning Prayer | 10 Staff Meeting School Board Meeting 6:30 pm | 11 R-6 Dance Lessons SACPSSA Cross Country Yrs 3-6 | 12 School Assembly 9.00 am - Principal | 13/14 |
| Week 4 August | 15 National Science Week | 16 8:45 Morning Prayer R-6 Book Week Incursion 2022 Story Quest | 17 Staff Meetings | 18 R-6 Dance Lessons SAPSASA Athletics Year 4-6 | 19 No School Assembly | 20/21 P&F – Quiz Night 7:00 pm |
| | Feast of Assumption of Mary Year 3-6 Mass 10:00 | | | | | |
| Week 5 August | 22 Book Week | 23 8:45 Morning Prayer Class Mass – 10:00 Year 6 | 24 Book Week Parade 9:00 am Staff Meeting | 25 R-6 Dance Lessons | 26 School Assembly 9:00 am – Principal | 27/28 |
| | Book Week Assembly 9:00 am Sacred Heart Yr 12 Students visiting Receptions | | | | | |
| Week 6 August/Sept | 29 School Photographs | 30 8:45 Morning Prayer Class Mass – 10:00 Year 3 | 31 Staff Meeting | 1 R-6 Dance Lessons | 2 School Assembly 9:00 am – TBA | 3/4 |
| Week 7 September | 5 Sabbath Week | 6 8:45 Morning Prayer Class Mass – 10:00 Year 5 Year 6 Touch Carnival School Photographs (Catch-up) | 7 Staff Meeting P&F Meeting 7:00 pm | 8 R-6 Dance Lessons | 9 STAFF REFLECTION DAY (Pupil-Free Day) | 10/11 |
| | | | | | | |
| Week 8 September | 12 Year 1 Farm Barn Excursion | 13 8:45 Morning Prayer Class Liturgy – 10:00 Year 4 | 14 Staff Meeting | 15 R-6 Dance Lessons Rec-2 Shoe Lace Incursion | 16 No School Assembly Rec-1 Inspector Hector Incursion P&F – School Disco | 17/18 |
| Week 9 September | 19 International Talk Like A Pirate Day ReLAT Test – Year 4's Year 4A Monarto Sleepover | 20 8:45 Morning Prayer Class Liturgy – 9:00 Reception-Year 2 Year 4R Monarto Sleepover Zoo Snooze – Yr 3 5 | 21 Staff Meeting School Board Meeting 6:30 pm | 22 R-6 Dance Lessons Grandparents & Special Friends Day Zoo Snooze – Yr 3 L | 23 School Assembly 9:00 am – Year 2 | 24/25 I |
| Week 10 Sept / October | 26 | 27 8:45 Morning Prayer Catholic Schools Music Festival | 28 Staff Meeting | 29 R-6 Dance Lessons | 30 School Assembly 9.00 am - Principal Term 3 Concludes 3:10 Dismissal | 1/2 |

Events in 'red' indicates 'to be confirmed'.