

# NEWSLETTER

6 APRIL 2022 TERM 1, WEEK 10 ISSUE 9

# ST MARY'S MEMORIAL SCHOOL

### FROM THE PRINCIPAL

Dear Members of our St Mary's Memorial School Community,

Which type of person are you, a risk-taker or a security-seeker? Some people really love taking risks as is instanced in the emergence of extreme sports; these participants love the rush of adrenaline and the feeling of escaping the ordinary! However, most of us are not risk-takers but 'security-seekers' committed to a lifestyle of playing it safe. Playing life too cautiously could have us fall into the following description -

"There was a very cautious man
Who never laughed or played;
He never risked, he never tried,
He never sang or prayed.
And when he, one day, passed away
His insurance was denied;
For since he never really lived,
They claimed he never died." (Author unknown).

Strange as it may seem, Jesus told a story that seemed to encourage risk-taking. The Parable of the Talents tells the story of a wealthy man who was about to go on a long trip. He called his servants and, according to their ability, gave one 5000 gold coins, another 2000 gold coins and the other 1000 gold coins. He told each to take care of what had been given to them.

The first two servants invested the money and made an equal amount but the third servant buried his money and made nothing. When the wealthy man returned, he applauded the enterprise of the two servants who had made the successful investments and promoted them to positions of greater responsibility. The third servant he deemed to be useless and threw him out of the household. (I have paraphrased Matthew. 25: 14 - 30).

Risk-taking is actually part of everyday life and is taken for granted in matters from food consumption to travelling by car!

The great motivational speaker and author, Zig Ziglar, put it neatly when he said, "It's risky when a plane leaves the runway, but that's what planes are for. It's more risky for the plane to sit there and accumulate rust." There are shades of the Parable of the Talents in that statement!

The Season of Lent is a time for us to focus intentionally on what helps or hinders our commitment to Christ. It may be better not to give up something but to take on something; to build up our spiritual muscles! How about this for taking on something: "There was a woman in Swaziland, Orma Mavimbela, who had a well-paid job in the civil service. She felt called to do something for the AIDS orphans whom she saw daily around her. So, she gave up her job and paid for three feeding centres where children could get a meal, receive some loving care and play games. Pretty risky; what happens when her money runs out?" (From 'Going Global').

Of course, few of us are in a position to do as Orma did but what can each of us do? We are all made in the image of God but we may not be so Christ-like in our behaviour! Maybe in the last week of Lent we could take part in some minor risk-taking. One more quote from Zig Ziglar: "You will get all you want in life, if you help enough people to get what they need."

While on the topic of risk-taking, I would like to share with you some information regarding helping our children to see the good side of getting things wrong; in other words.....Iearning from mistakes! Most adults understand that making mistakes is part of life! What's important is how we learn from them!

### ST MARY'S MEMORIAL SCHOOL

Yet, many children are growing up in a society that pressures them to be perfect – to get the highest test scores, to land prized scholarships, to get into the best universities. Some parents complete or correct children's homework to get them a better grade. So how does all this focus on testing and perfection affect children's learning? And how can we help them learn from mistakes? .....because it is only when children accept that mistakes are part of learning, that they will become risk takers in their learning!

Students who are risk-takers are able to approach unfamiliar situations and uncertainty with courage and forethought. They have the independence of spirit to explore new roles, ideas and strategies. Risk-takers are brave and articulate in defending their beliefs.

Classroom risk-taking can take many forms, such as having a go when learning a new mathematics concept; reaching out to new friends; trying a new method of note taking; or stepping up to a leadership position in a group situation/project.

I came across an article in an educational journal, 'Getting it Wrong: Surprising Tips on How to Learn' that supports a number of learning and developmental theories. Historically, many educators have created conditions for learning that do not encourage errors ....and parents have followed suit! For example, if we drill children over and over again with the same mathematics problem, they will eventually remember the answer ....and if they are lucky, they will remember the answer on a standardized test!

This approach to learning assumes that if students are allowed to make mistakes, they will not learn the correct information. However, recent research shows this to be an incorrect assumption. In fact, studies have found that learning is enhanced when children make mistakes!

Whether it involves homework, developing friendships, or playing soccer/netball; learning is enriched through error. Learning from mistakes is part of how children are challenged to learn to do things differently. It motivates them to try new approaches!

In addition, when children are given the opportunity to struggle and sometimes fail, we allow them to develop important social and emotional skills. Of course, we shouldn't risk their safety or not respond when what is needed most is reassurance. However, our role should be to support and guide, rather than do for them what they need to learn to do for themselves. It is often during times when things aren't working out or pose a challenge that children have the opportunity to develop coping and resilience skills. Coping skills are like muscles; we don't know how strong they truly are until we need to use them.

Consider the learning that occurs when a child and a friend have an argument. Even though it is unpleasant, children learn to reflect on their own actions, manage their emotions, take another's perspective, solve problem, and compromise. If parents swoop in to fix those problems, children miss out on that critical skill-building. Further, children that don't have opportunities to fail or struggle and recover have lower self-confidence and a less developed self-concept. They tend to be more fearful of failure and less willing to try new things because they don't know how they will handle it.

Providing opportunities to develop skills of resilience and coping within a safe, loving, and supportive environment is the best way to prepare children for life's many and varied challenges!

It may feel uncomfortable to some, but letting children learn from their mistakes helps children build resilience and is essential to raising a confident, capable, happy, and successful adult.

I'll conclude with this quote that I found on one of those novelty calendars that basically conveys wise words for each one of us ......"It is not what you do for your children, but what you have taught them to do for themselves that will make them successful human beings."

### LAST DAY OF TERM

A reminder that all Catholic Schools will conclude Term 1 next **Wednesday 13th April (at 3:10 pm)**.

Catholic Education South Australia (CESA) have directed that two preparation days are being set aside for all staff in Catholic schools ahead of Term 2, in order to ensure that all schools are best prepared to support learning continuity for and wellbeing of our students throughout Term 2. These will be on Holy Thursday (14 April, in Week 11 this Term), and on the first day of Term 2 (being Monday 2 May).

Noting that these two dates are fast approaching and that some families will not be able to make alternative arrangements for the care of their child, supervision (not a learning program) will be made available for students who need to attend school on one or both of those dates. In addition, please be assured that the usual before and after school care arrangements remain in place for both of these days.

The preparation days are intended to be used by staff to undertake marking and reporting and to prepare materials for Term 2 with a focus on being ready to deliver remote learning where that becomes necessary, including the preparation of learning packs as reserve materials for Early Years classes (R-2) in the event the school needs to move to a remote delivery model during the term.

Notification/Booking — if you will sending your children to school on Thursday 14th April and/or Monday 2nd May because you have no alternative arrangement for care please send an email to <a href="mailto:info@stmarmem.catholic.edu.au">info@stmarmem.catholic.edu.au</a> to inform us that your children will require supervision during the school hours. In addition, if your children need to access before and/or after school care please inform Vicki Messent of Annika Lenz via the OSHC iPortal.

Thank you for your anticipated support.

### **PARENT- TEACHER INTERVIEWS**

We are hoping to schedule face-to-face Parent-Teacher Interviews during Term 2 (Weeks 2-5). Each class teacher will contact the parents of their students regarding their availability during this time period. Some teachers will use the 'School Interview' app for you to choose a convenient time to meet with your child's class teacher; while others may choose to send out their available times via email ....one method allows the class teacher more control than the other!

Obviously, COVID restrictions will ultimately determine whether face-to-face will be possible; otherwise interviews may need to occur online (via Teams) or via phone.

### ST MARY'S MEMORIAL SCHOOL

Currently, class teachers are preparing Personalised Plans for Learning (PPL) for the students who require significant adjustments/modifications to their teaching and learning experience for a variety of reasons. When the PPL's are finalized, parents will be asked to meet with the class teacher, Cathy Regester (Inclusive Education Coordinator) and myself. Parents who participate in PPL meetings do not need to also book a Parent-Teacher Interview (unless there are further questions that were not dealt with during the PPL meeting).

### EMERGENCY EVACUATION AND LOCK DOWN PROCEDURES

Emergency procedures are well established in our school community. Different types of emergencies require different responses. In general, we would react to the many different types of emergency in one of two ways. Evacuation or Lock Down! In the case of an emergency, the school administration team would determine which of these two responses is the safest. We have all had experience of "fire drills" in which we practice evacuating the facility as quickly and safely as possible to a designated safe zone.

Unfortunately we need to practice "lock down" procedures too! This would be due to a person(s) within the school grounds or nearby posing a threat to members of the school community. It is vital for parents to realise that when a school is locked down that they will not have access to their children. Parents may be kept away by the police or may be locked down with the office staff. Understandably this situation would be distressing for parents; however, we are not able to open classrooms during lock down until instructed by the authorities that it is safe to do so. Mobile phones also may be required to be switched off.

Please be assured that the safety of everyone would be central to all decisions made. While it is unlikely that these emergency responses are ever required; hopefully, it is reassuring for you to know that we are prepared and that you too need to be prepared and informed of our procedures.

### FINAL THOUGHT ....

A couple of weeks ago National Day of Action against Bullying and Violence (NDA) was acknowledged. The NDA is Australia's key bullying prevention initiative, connecting schools and communities to find workable solutions to prevent bullying.

The theme for the 2022 NDA is Kindness Culture. Our school strives to demonstrate the Kindness Culture by sharing in a range of activities that promote inclusiveness, respect and community belonging for all students.

Planning for a safe and supportive school community requires a whole-school community approach. Whole-school responses to bullying prevention build positive and supportive school environments by incorporating strategies for intervention at all levels, inclusive of students, teachers, parents and carers.

Three key characteristics outlined in the national definition of bullying distinguish bullying behaviours from other forms of peer aggression behaviours which do not constitute bullying. The key characteristics of bullying include -

- 1. power imbalance;
- 2. deliberate intent to cause harm; and
- 3. ongoing and repeated behaviour.

While the following behaviours of peer aggression do not

constitute bullying, these behaviours may still be serious and require intervention at home and at school -

- arguments and disagreements (where there is no power imbalance);
- single acts of social rejection or meanness; or
- isolated incidents of aggression, intimidation or violence.

It is important for our entire school community, including our staff, parents, carers and students to have a clear understanding of the definition of bullying to be able to distinguish these behaviours from peer aggression, and correctly identify and respond to incidents of bullying and peer aggression.

As a school community, through our integration of Religious Education, Child Protection Curriculum, Wellbeing (based on Positive Psychology/Education) and Social Skills program (such as 'What's the Buzz?), we focus on being our BEST - Building relationships, Expecting excellence in everything, Staying safe everywhere and Taking responsibility for ourselves and our learning.

Through this integrated approach we are consistently sharing a range of positive messages with our students. The National Day of Action against Bullying and Violence, highlighted the importance of our community working together to ensure all children are able to feel safe and supported at all times when they are at school. It is the relationships we have with our parents that ensure we can provide the best possible school experience for every child. Please keep the lines of communication open with your child's class teacher and both Tamara Smith (APRIM) and I are available to support you should you have any concerns regarding your child.

Our commitment to supporting your children extends to the consistent message of turmoil and war that is flooding our news broadcasts and conversations. Our focus is on praying for peace and for us to look after our relationships with those we interact with on a daily basis. We pray for an end to war and for the world to be at peace, however it is the tangible acts and words of kindness that we show to each other on a daily basis that enables our students to feel empowered to be instruments of peace to each other in a world where the reality of peace seems so far out of their reach. I encourage you to support your child in praying for those struggling in the turmoil of war, suffering and pain. Help them to see that they are able to be instruments of peace in their world, at school and at home.

### **CASUAL CLOTHES DAY**

This Friday 8th April all students are invited to dress as their favourite Hebrew Character .....or not! If there are just too many favourite Hebrew Characters to choose from, students may dress in anything they wish....for free!

No singlet tops; no thongs/flipflops; and definitely no oodies!

Students must wear a hat (any hat for outdoor play); and preferably sneakers/trainers/trackshoes.

A positive mindset is a must!

Have a great week. Thank you and God Bless!

Nat Izzo Principal

nizzo@stmarmem.catholic.edu.au



### **TERM 1**

Concludes

Wednesday 13 April 2022 at 3:10 pm

### TERM 2

Commences

Tuesday 3 May 2022 at 8:45 am

# PUPIL FREE DAYS

WITH STUDENT SUPERVISION AVAILABLE

# THURSDAY 14 APRIL 2022 AND MONDAY 2 MAY 2022



If you require student supervision on Thursday 14th April and/or Monday 2nd May because you have no alternative arrangements, please send an email to <a href="mailto:info@stmarmem.catholic.edu.au">informing</a> us of the days you require during school hours care.

In addition, if your children need to access before and/or after school care, please inform OSHC separately - Vicki Messent or Annika Lenz via the OSHC iPortal.

### SACRAMENTAL PROGRAMME

The sacramental program is conducted through the Glenelg Catholic Parish. This is because the parish is a dedicated community of faith and our main expression of faith is the Sunday Eucharist. Our purpose is to help our children grow in the faith of the Church.

If you would like any further information I would be happy to discuss if you wish.

Kind Regards, Father John



Our Lady of Victories, 13-15 High St, Glenelg SA 5045 Our Lady of Grace, 36 Beadnall Tce, Glengowrie SA 5044

Presbytery: 17 High Street, Glenelg Office Hours: Mon, Wed-Fri 9am-2pm

Phone: 08 8294 1888

Email: glenelgcp@bigpond.com Web: www.glenelgcp.com

### **MASSES**

Due to COVID whole school celebrations are currently not permitted. Instead class (not year level) liturgies will be celebrated at school at times most convenient for the class.



Unfortunately, we cannot have family or friends join our celebrations at this stage.

Changes to the calendar regarding Masses and their times will need to be made as COVID regulations and advice changes. We need to be flexible as adjustments are made to cater for these needs as well as the needs of our parish and our priests. The newsletter will publish the most current times. Apologies for any inconvenience.

Tamara Smith

APRIM | tsmith@stmarmem.catholic.edu.au

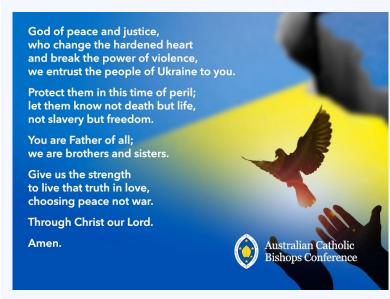
# PRAYER FOR PEACE AND JUSTICE IN UKRAINE

Catholics around the world are being encouraged to join our prayers with those of Pope Francis today, as he consecrates Russia and Ukraine to the Immaculate Heart of Mary, placing the warring countries under the protection of Mary, the Mother of Christ.

Today we stop and turn to Jesus, who tells us that peace is possible in a world so badly wounded by war in Ukraine and elsewhere.

We are urged to spend part of our day today in prayer – attending Mass, praying with family or friends, in silent prayer at a local parish or chapel or in whatever way we can.

Thousands have died, millions have fled and millions more are living in fear. We raise our hearts, our minds and our voices to God for an end to this horrific violence and destruction.



### MASS & LITURGY CALENDAR

Here is an outline of some of the main celebrations on our school's Church calendar.

Week 10 Year 3 Liturgy

Week 11 Holy Week Presentations

# LIBRARY NEWS



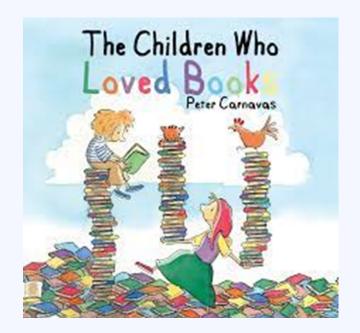
## Calling all overdue books

With the end of Term One just around the corner conversations about overdue books have begun. Over the past days I have managed to catch up with the majority of our students about their overdues, with most declaring they will help me with this process by returning or re-borrowing their books for the holidays.

Overdue notices have been sent home today, detailing the books that are currently overdue on your child's library account. Please look for these notices in your child's school bag.

With grateful thanks for your help, and my best wishes for a restful holiday,

Tracey Tolley
(Teacher Librarian)



### **UNIFORM SHOP - OPENING TIMES**



St Mary's Memorial School Uniform Shop opening hours for the remainder of Term 1, 2022 are;

### Week 10

Thursday, 7 April - OPEN (2:45pm - 3:30pm)

### Week 11

Tuesday, 12 April - OPEN (2:45pm - 3:30pm) Thursday, 14 April - CLOSED (PUPIL FREE DAY)

Should you wish to make an online order, please visit the St Mary's Memorial School Online Uniform Shop. AfterPay available with delivery information detailed on the online shop home page.

For any further queries, please contact Christine Ph: 0424 776 381

Email: ccoombe@belgraviasports.com.au

We apologise for any inconvenience.

### **LUNCH ORDERS**

Lunch orders are available every week day of the school term. In addition to Subway and Sakura Sushi, we now have The Daily Fixx menu to offer as a variation for lunch. Lunch menus/order forms can viewed by clicking on the icon:







Please remember to fully complete the appropriate order form and then place the order into a brown paper bag, ziplock bag or envelope. Write your child's full name and where they are ordering from (Subway, Sakura Sushi or The Daily Fixx) clearly on the brown paper bag, zip-lock bag or envelope.

Orders must be received at the Front Office by no later than 10:00am.

If there is a shortage of funds in your child's lunch order you will receive an email requesting monies to be paid to the Front Office the following day.

PLEASE NOTE SUSHI HAS HAD AN INCREASE IN PRICE TO \$3.00 - PLEASE REMEMBER TO HAVE CORRECT MONEY FOR YOUR CHILD'S ORDER.

### HAPPY BIRTHDAY

2H 11/4 Luella Maddigan

2W 11/4 William Angus

3L 7/4 Finn Miles



### **ATTENDANCE**

Due to the attendance app no longer working, we are asking parents to cc <u>info@stmarmem.catholic.edu.au</u> when emailing teachers about attendance. This email goes to the whole admin team (including Deb).

Sharon and Angela (Admin Staff) are responsible for changing the attendance codes on the data system. Therefore, the school requires attendance information as soon as possible in the mornings, before the absentee texts go out.

Teachers often do not have time, before school starts, to email the front office regarding absentee emails they have received, so it is important that the front office team receives this information also.

Thank you for supporting us in our endeavour to keep track of all student's attendance.



info@stmarmem.catholic.edu.au



We remind families to ensure uniforms, hats, drink bottles, lunch boxes, etc., are all clearly labelled with your child's full name.

If you do notice that you child is missing an item, we suggest you ask them to regularly check the lost property box, which is located outside the library.

### **WOULD YOU LIKE TO VOLUNTEER IN 2022?**

To volunteer in 2022 at St Mary's Memorial School you will need to have a current Catholic Police Clearance. This can be applied for through the school office or alternatively, hold a current DHS (Department of Human Services) Working With Children's Clearance.

In addition to the appropriate Police Clearance, all volunteers will need to forward their COVID Vaccination Certificate (showing double vaccination) and complete the RRHAN (Responding to Risk of Harm, Abuse and Neglect for Volunteers) Course. Please go to the following link, login and complete the RRHAN training by clicking on Non Department for Education Staff.

### https://www.plink.sa.edu.au

On completion of the training please either bring in a copy of your certificate and COVID Certificate or send them via email to <a href="mailto:info@stmarmem.catholic.edu.au">info@stmarmem.catholic.edu.au</a>

Should you have any queries or wish to become a Registered Volunteer at St Mary's Memorial School, please contact the School Office.



### FROM THE FINANCE OFFICER

Dear Families,

The first instalment for 2022 school fee account is now overdue and was payable by Friday, 4 March, 2022.

If your require further information or would like to commence a payment instalment arrangement, please visit me in the school office, or



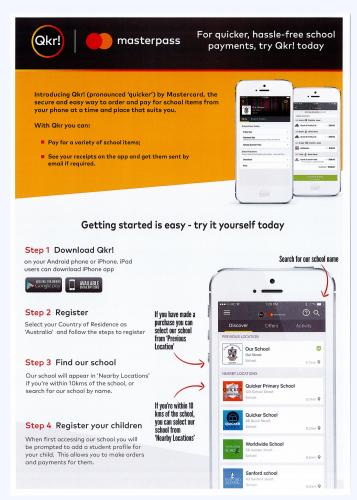
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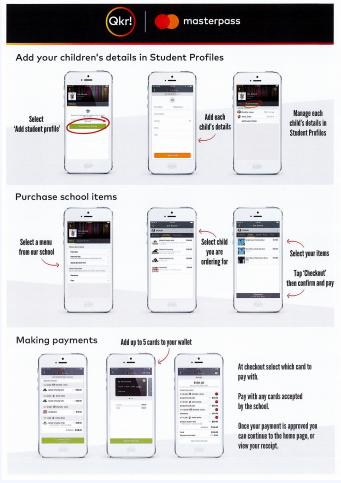


finance@stmarmem.catholic.edu.au

Kind Regards,

Jenni Ashfield Finance Officer





### **Local Area Coordination Family Information Sessions**

Mission Australia is the NDIS Partner delivering Local Area Coordination Services in your area and is facilitating live online sessions to provide information about:

- · Mission Australia and the services they offer
- · What services are available for people with disability
- · Understanding the NDIS and eligibility
- Accessing supports and services for those not eligible for the NDIS, or who do not wish to access the Scheme

### Live online for families of:

**CESA South Metropolitan Region schools** 

Option 1: Tuesday 12th April 2022, 10am-11:30am (Term 1 Week 11)

or

Option 2: Wednesday 13th April 2022, 5.30pm - 7pm (Term 1 Week 11)

Please contact the school office for an access link





### VIRTUAL URGENT CARE SERVICE

The right medical care, advice and referral for your child without having to visit the Emergency Department. Speak with emergency nurses and doctors over video link for advice, care and, if needed, referral. wch.sa.gov.au/virtualurgentcare



### How it works

- Scan the QR code to access the service.
- Similar to if you visited the Emergency Department in person, you'll first virtually speak with our administration team, followed by an emergency nurse who will provide an initial assessment of your child's condition, or refer you to another service.
- If needed, an emergency doctor will then assess your child and provide expert advice.

www.wch.sa.gov.au/virtualurgentcare





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# DUCK & TURTLE School Holiday Fitness By Luke Slattery

Autumn 2022

Wednesday 20th April Thursday 21st April Friday 22nd April

8:30am – 4pm.
St Thomas School, Rushton St, Goodwood.
Ages 5 – 12 years.
Qualified local teachers.

Message Nick Mezzino on 0498 354 577 to book your spot!

Discounts apply for multiple bookings.

\*\*Imited Spots Available\*\*

duckandturtlefitness.com



### ST MARY'S MEMORIAL SCHOOL



### SCHOOL HOLIDAYS ARE JUST AROUND THE CORNER

Thinking of something to do and how to save money.

Purchase Digital Entertainment Vouchers and with the discounts you will have paid for your subscription only after a couple of outings!!!

Everywhere you go check online to see if the venue you are at has an Entertainment voucher.

It is as easy as that!!!

Click on the link below and order your subscription and discounts now ☺☺☺☺

https://www.entertainment.com.au/orderbooks/16y2085

St Mary's Memorial School receives 20% off each subscription which we put towards our students needs, whether it be in the playground, music, technology, etc.

Not only will you be receiving valuable money saving discounts, you will also be assisting St Mary's Memorial School.

### **VACATION CARE PROGRAM**

Vacation Care program for the upcoming April School Holidays.

All bookings for Vacation Care days are to be made through the Kidsoft iPortal. A link to the portal is issued upon registration with OSHC.

If you have not registered with OSHC, please contact Vicki Messent on <u>OSHC1@stmarmem.catholic.edu.au</u> or <u>vmessent@stmarmem.catholic.edu.au</u> or call 0408 714 787.



Please note: The program may need to be modified if necessary due to COVID.